**N.A.E.T., Qi, and Quantum Physics**

In the realms of Traditional Chinese Medicine and modern scientific inquiry, the concepts of Qi and quantum physics have intriguing parallels. The **concept of Qi**, often interpreted as the **vital energy or life force** that permeates all living things which is the same with the foundational principles of quantum physics which delve into the behavior of particles at the atomic and subatomic levels.

One parallel between the two lies in the idea of interconnectedness. Qi is viewed as the essence that interconnects all aspects of existence, binding everything in the universe together. In Quantum physics, as described before, the principle of entanglement suggests that particles can be connected in such a way that the state of one particle instantly influences the state of another, regardless of the distance between them.

**Qi** is often described as a form of energy that vibrates and flows throughout the body and the natural environment. It is believed that maintaining a balanced and harmonious flow of Qi is essential for achieving good health and well-being. The notion of vibrations, therefore, serves as a common thread between the concept of Qi and the principles of quantum physics.

**N.A.E.T.** is founded on the principles of Traditional Chinese Medicine and the flow of the Qi through the acupuncture meridians. The fundamental principle of N.A.E.T. is to clear an offending ‘substance’, (or allergy), causing a ‘blockage’ of Qi in the flow of the meridians. In doing so the balance of the Qi Flow is restored and the meridians’ proper function returned. The Qi moves the blood and nourishes the entire body; thus, an imbalance of this flow will impact every system and cellular function in the body. In clearing blockages, via **N.A.E.T.,** the Qi flow is restored and the body can begin the healing process of returning to homeostasis.

**References;**

**https://www.kimiyahealing.co.uk/post/demystifying-distance-healing**

**Distance Healing (remote NAET) and Quantum Biology**

The phenomenon of distance healing can be explained by stating the proven 3 central premises of quantum mechanics.

1) **Quantum Superposition**: a particle can exist in multiple places and states simultaneously.

2) **Quantum Entanglement:** two particles separated by time and space can act as if they are a single entity and influence each other

3) **Wave-particle duality**: particles can exhibit both wave-like and particle-like properties simultaneously

**How it works**

The quantum field consists of waves and particles and various vibrations and frequencies. At the quantum level, there is no time, no space and therefore there is no distance, which also means there is not past and future!

The entanglement of particles happens when two particles become so closely connected that they act as if they are a single entity, and they are capable of influencing each other immediately.

Research has shown that distance healing techniques can help to restore the energetic balance of individuals with chronic illnesses and conditions. Studies have found that the application of energy fields with specific frequencies can improve physical health, reduce pain and inflammation, slow cellular ageing, and lead to emotional wellbeing.

**More in depth information;**

How exactly do two particles (or people) influence each other can be explained by the frequency of **photons (light particles), and proton** activity.

**Protons** are essential for numerous biological processes as they are positively charged particles that interact with other molecules to form bonds. Protons play a significant role in cellular respiration, metabolism, and DNA replication, among many others. They help regulate the balance of acidity or alkalinity in the body's cells, which influences the functions of enzymes and biochemical reactions. In addition, protons are important for cell signaling as they are used by proteins to regulate information flow within and between cells.

### **Our brain is actually a quantum computer**

All our vital life processes such as respiration and vision involve quantum mechanics. Wave activity in the quantum field has a direct impact on our neurological activity. Deep within the neurons of our brain are subatomic quantum structures called microtubules. They organize our neuronal interiors and regulate synapses in our brain cells, affecting our physiological and biochemical processes, thoughts, and behaviors.

When the frequency of a particle changes, protons either release or absorb photons. A particle that is more positively charged will release photons and particles that are less positively charged will absorb protons. The photons are light particles. There is no 'new energy' being created, transferred, or destroyed, there is simply a constant rebalancing process.

When particles absorb more photons, they become more energetic and may move faster or take on a higher energy state. This leads to an increase in frequency. This can also lead to changes in the particle's properties, such as its mass or spin, depending on the type of particle it is.

This is important because these invisible subatomic particles form the basis for our neurology and all our physiological and biochemical processes. They are integral to the way that our cells communicate and carry out their complex functions – from sending signals throughout our bodies to breaking down molecules for energy.

The quantum field in which we all exist has a profound effect on the healing process. As our brain consists of protons entangled with the field, any changes in frequency caused by the healer's vibrational field will alter the activity of these protons. This alteration affects our DNA structure and thus, every other aspect of our bodies, making protons essential for healing at a quantum level.

In lower frequency states, **protons** become less positively charged which can lead to chronic illness and disease. When the frequency of our energetic body lowers, it can have a profound impact on our physical health. This is due to the interconnection between quantum biology and electromagnetic fields. As our energy field fluctuates, we are also exposed to various types of invisible electromagnetic waves with differing vibrations and waves lengths.